

COMMUNITY HEALTH ASSESSMENT 2018 Madison County

WHAT IS THE COMMUNITY HEALTH ASSESSMENT?

The Community Health Needs Assessment, or CHA leads to a better understanding of the health of our county's residents.

The CHA helps local agencies and organizations working on health issues to ensure that the most pressing health concerns are being addressed, and to plan and coordinate their efforts. It is also used by our Health Department in its strategic planning process.

Collaborating agencies in western NC have chosen to repeat this cycle every three years.



Health Priorities



Health Priority 1: Physical Activity and Nutrition

Physical Activity and Nutrition were discovered to be issues of high concern in both secondary data and the Online Key Informant Survey of community leaders in a data review from our Community Health Assessment data team.



Health Priority 2: Substance Use & Mental Health

Substance Use and Mental Health were both discovered to be issues of high concern in both secondary data and the Online Key Informant Survey of community leaders in a data review from our Community Health Assessment data team.

The CHA is a collaborative effort between **Madison County Health Department** and **Mission Health**.



WHO'S INVOLVED?



The **CHA Team** led the CHA process and determined health priorities.



Madison County residents shared their input through surveys and additional local data collection.

Support of this process was provided by **WNC Healthy Impact**, a partnership between hospitals and public health agencies to improve community health in western North Carolina.

WNC**HEALTHY**IMPACT

Highlights

Overweight and obesity can lead to serious health concerns and is attributed as a risk factor for many chronic diseases. In 2018, 27% of Madison County residents surveyed stated that they were at a healthy weight (BMI of 18.5-24.9).

72.3% of respondents stated that they were overweight or obese (BMI of 25 or higher), a percentage that is higher in Madison County than WNC, the state, and the US. Approximately 55% of children in grades K-8 are at a healthy weight.

A Community Survey on Substance Use in Madison County in 2018 revealed 92.91% of Madison residents think substance use is a problem within our community among youth under the age of 18 years old and 100% of those surveyed thought substance use is a problem within our community among adults. This survey data also reflects 94.83% are concerned/very concerned about pain medication and other prescription medication abuse in our community.

Unintentional Poisoning Mortality in Madison County reflects an increase from a total of 8 from years 2006-2010 to 14 for years 2012-2016, which is a concerning trend for the community.



FOR MORE INFORMATION & TO GET INVOLVED...

2018 Madison Community Health Assessment findings are shared with stakeholders, community partners, and the general population.

Where to Access this Report

The 2018 Madison Community Health Assessment can be accessed in person and online at the following locations:

--Madison County Health Department -
www.madisoncountyhealth.org

--WNC Health Network -
www.wnchn.org

--Madison County Public Libraries

For More Information and to Get Involved visit:

www.madisoncountyhealth.org
or call 828-649-3531

RESOURCES

- Healthy Eating Active Living Team
- Community Calendar
- Health Living Mobile Market
- Madison Substance Awareness Coalition
- Naloxone Distribution
- Permanent Medication Drop Off Locations(4)
- For additional resources visit www.nc211.org/

Key Madison County stakeholders characterized a healthy community as containing the following:

Access to Care/Services, Recreational/Outdoor Activities, Affordable Care/Services, Access to Healthy Foods, and Preventative Health Care.

