

WNCHEALTHYIMPACT

Example Risk Factor Data that “Stand Out”

This table can be used to hold the modifiable and non-modifiable risk factor data that you determine stand out. These data will include social determinants of health, physical environment, health care access, demographics, and health behavior. These data will not include morbidity and mortality data. Discuss and select criteria (i.e. what does it mean for this kind of data to “stand out?”)

	Non-Morbidity & Mortality Data “Stand Outs”	Notes
a.	County Issues in most need of improvement: availability of employment, internet availability and nothing	11/16 counties selected employment; 2/16 counties selected internet; 11/16 counties selected nothing
b.	Always or usually get needed social/emotional support, 82.9%	Stable trend. Higher than WNC, 75.3%
c.	Did not get mental health care or counseling that was needed in the past year, 4.0%	Stable trend. Lowest in WNC. Lower than WNC, 12.3%
d.	Dissatisfied with life, 4.9%	Stable trend. Lowest in WNC. Lower than WNC, 10.5%
e.	High ACE Score prevalence (4 or more), 21.2%	[15.3 – 27.1 (95% confidence interval)]; WNC, 15.9%, [14.2-17.6 (95% confidence interval)]
f.	Consume 5 or more servings of fruits/vegetables per day, 4.9%	Appears to be down from 10.6% in 2015 [7.6-13.6%(95% confidence interval)], but falls within 95% confidence interval, 1.9-7.9
g.	Food insecurity, 20.5%	Slightly lower than WNC, 23.8% and US, 27.9%

h.	No leisure-time physical activity in the past month, 20.3%	Stable trend. Lower than WNC, 25.0%
i.	Meets physical activity recommendations, 21.1%	Similar to WNC, 21.3%; slightly higher than NC, 18.9%
j.	Strengthening physical activity, 26.7%	Remain the same as 2015 and significantly down from 2012, 39.0%. Lower than WNC 31.9%
k.	Current drinkers, 50.5%	Up significantly from 2015, 40.0%; higher than WNC 45.8%
l.	Binge drinkers, 10.0%	Down from 2015, 14.1%. Lower than WNC 12.3% and NC 14.6%
m.	Excessive drinkers, 13.3%	Slightly down from 2015, 16.5%
n.	Used opiates/opioids in the past year, with or without a prescription, 17.4%	Slightly lower than WNC, 19.6%
o.	Life has been negatively affected by substance abuse (self or someone else), 46.1%	Similar to WNC, 47.4%. Higher than US, 37.3%
p.	Current smokers, 18.9%	Down significantly from 2015, 26.2%
q.	Currently use smokeless tobacco products, 4.9%	Steady downward trend since 2012, 11.3%. WNC, 5.8%. Vaping has stayed similar or slightly decreased, 4.7%
r.	Breathed someone else's smoke at work in the past week, 16.3%	Flat trend. Similar to WNC, 17.0%
s.	Lack of healthcare insurance, 12.4%	Strong downward trend since 2012, 31.3%. WNC, 15.% Rate for age 18 to 64 from secondary data, 14.8% (2016)
t.	Unable to get needed medical care at some point in the past year, 12.1%	Fairly steady trend. WNC, 12.4%
u.	Have a specific source of ongoing medical care, 80%	Down from 2015, 87%. WNC, 80.9% 68.9% in county have visited a physician for a checkup in the past year (steady trend)

v.	Have had a mammogram in the past two years (women 50-74), 85.3%	Passed Healthy People 2020 target of 81.1% or higher. Up significantly from 2015, 78.8%. Higher than WNC, 78.7%
w.	Have visited a dentist or dental clinic within the past year, 59.7%	Slightly upward trend since 2012, 55.9%
x.	In the past 12 months, a lack of transportation has prevented me from going someplace I wanted or needed to go in my county, 8.7% agree; 3.7% neutral	
y.	Frequency of worry/stress over having enough money to pay rent or mortgage in the past year, 9.4% usually or always, 17.9% sometimes	
z.	Capacity in licensed mental health facilities, n=47	100% of capacity is supervised living or alternative family living (no day treatment, SA Intensive Outpatient, day treatment, residential, partial hospitalization)
aa.	Medicaid eligible (2017), 25.1% of population	Flat trend since 2012
bb.	Top 5 reasons for hospitalization (number of cases): 1) cardiovascular and circulatory disease (323); 2) other diagnoses (includes mental disorders - 243); 3) heart disease (216); 4) pregnancy & childbirth (210); 5) digestive system diseases (includes liver - 204)	
cc.	Number of dentist, 4; 2708 visits (2017)	
dd.	Number persons served in area mental health programs, n=869	Steady downward trend since 2013, n=1,921. State psychiatric hospital served 5 county residents in 2017.
ee.	Number of persons served in NC state alcohol and drug treatment centers (ADACTs), n=17	Flat trend with small fluctuation since 2006

ff.	Population served by community water systems, 32.5%	Among the 3 lowest rates in the 16-county region.
gg.	Average indoor radon level (pCi/L), 2.9	123.1% of the national level. In the lowest 4 in the region. WNC mean, 4.1

Notes:

[Use this section to record the criteria used to select the included data and any decisions made while compiling this list. Describe what it means to you/your group for data to “stand out.”]

- Data stand out if they:
 - Have changed significantly from 2015
 - Differ than WNC average
 - Are a currently identified headline measure that your community monitors
 - Strongly related to a topic of high concern or a prioritized M&M indicator
 - Are modifiable (non-modifiable factors can be considered when developing strategies)
 - [add other brainstormed ideas]