

Swain

Swain County Health Department & Swain Community Hospital

Community Health Priorities & Key Strategies

Obesity, Physical Activity, Nutrition

- Work towards county including health elements in comprehensive plan.
- Promote *5-2-1-Almost None* message in Swain County.
- Diabetes Education through Endocrinology Support Services and Swain County Health Department Diabetes Education programs.
- Partner with clinical, public health, and community partners to host and support the Appalachian Care Medical Mission.
- Increase access to fresh fruits & vegetables through farmers markets, tail gate markets, and road side stands.
- Raise awareness about healthy eating issues and initiatives.

Tobacco Free Living

- Advocate for continued funding for TRU Coordinator in schools.
- Increase tobacco-free environments for government grounds, including parks and recreational areas.
- Raise awareness about tobacco-free issues through use of media, consistent messaging.
- Create educational tools based on the Tobacco Prevention and Control Branch smoke free implementation tool kit and inventory.
- Promote tobacco policy change throughout the community.



Spotlight on Success

Swain Community Hospital and Swain County Health Department, partnered on data collection and preparation of the community health assessment and improvement plans.

Sharing healthy lifestyles classes and referrals around smoking cessation and diabetes education.

Partners

Swain Community Hospital
Swain County Schools
Swain Medical Center
Smoky Mountain Urgent Care

**For more information on
community health
improvement in Swain
County, visit:**

www.wnchealthyimpact.com
> Local Stories > Swain