

Polk

St. Luke's Hospital & Rutherford-Polk-McDowell Health Department

Community Health Priorities & Key Strategies

Reduce Chronic Disease & Tobacco Use

- Healthy living with chronic disease self-management classes and diabetes management classes

Healthy Eating and Active Living

- Priorities integrated with the chronic disease committee to collaboratively address issues
- Draft walking/trail map for Polk County

Substance Abuse

- Initiate and implement Project Lazarus
- Build capacity for substance free communities



Spotlight on Success

Local project Lazarus implementation that addresses chronic pain management and prescription drug abuse in the community. Locally this solution is being implemented around and by a community coalition with members from law enforcement, EMS, school systems, faith communities, colleges, the district health department, healthcare, early childhood programs, Rotary Club, and Hospice.

For more information on community health improvement in Polk County, visit:

www.wnchealthyimpact.com

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