

# McDowell

## McDowell Hospital and Rutherford-Polk- McDowell Health District

*In Partnership with McDowell Health Coalition*

### Community Health Priorities & Key Strategies

#### Diabetes/Physical Activity and Nutrition

- Workplace wellness programs in the community
- Increase physical activity opportunities in the built environment
- Install Market Manager and EBT system at Marion Tailgate Market
- Implement "Taking Control of Type Two" Diabetes Management Program
- Secure support for health coalition Executive Director

#### Access to Care

- Simplify the eligibility and enrollment process for public insurance
- Increase access to care, disease prevention programs, services and screenings especially among high risk and low wealth people
- Provide mobile dental services



## Spotlights on Success

Workplace Wellness – Community agencies have worked together to focus on measurable wellness initiatives using Welcoa as a template or guide.

Kaboom Playgrounds have been developed at three church sites and the Health Department will develop another one this year.

**For more information on  
community health improvement in  
McDowell County, visit:**

[www.wnchealthyimpact.com](http://www.wnchealthyimpact.com)

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