

Clay

Murphy Medical Center & Clay County Health Department

In partnership with Clay County Healthy Carolinians

Community Health Priorities & Key Strategies

Increase Access to Healthier Food Options

- Increase number of healthy corner stores
- Increase access to farmer's markets
- Eat Smart, Move More
- Decrease exposure to second hand smoke

Chronic Disease Control and Prevention

- Create Healthy Snack Policy for Pre-K thru 4th Grade Children
- Disseminate *5-2-1 Almost None* Education to the community
- Create a fitness-gram program and SPARK program in our school system

Oral Health

- Institute a bi-annual dental day at the Clay County Health Department
- Provide annual dental education to the children of Clay County



Spotlight on Success

Diabetes Education Program - The Clay County Health Department staffs a Certified Diabetes Educator. Murphy Medical Center collaborates and refers patients to this program despite having had a program of their own for a long time. We have collaborated to ensure that Diabetes education is given to patients who want or need it in our community despite who their primary provider is.

For more information on community health improvement in Clay County, visit:

www.wnchealthyimpact.com

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